

Why are patients with lymphedema not liked by physicians?

- the disease is unknown
- a chronic therapy is needed
- the therapy is not convincing
- time for medical consultation is too long
- cooperation of patients is bad
- effort for prescription is high

THIS IS CHANGEABLE !

<http://www.bundesverband-lymphselbsthilfe.de>

What can we as affected persons do ?

Since many years there are specialized lymph and lipedema self-help groups existing in the world:

Here, patients can discuss their problems with chronic edemas and get active together.

In the year 2001, we have established the non-profit-making organization "Bundesverband Lymphselbsthilfe e.V." in Germany (National association of lymph self-help) and are offering:

- practice-oriented information and addresses
- foundation / support of regional self-help groups
- foundation / support of training and decongestion exercise courses
- patient / information events
- support of a qualified education for lymphologic professional groups

Quality is worthwhile for everybody - especially in lymphology !